

# Ascension & 2012

Saturday, October 29, 2011 -- 10 am to 12 noon

## Simply Fitness

99 Citizens Drive, Glastonbury, CT

(Special Price: \$35.00)

Is it possible for you to become an Ascended Master in this lifetime? Maybe so! The answer resides within your DNA – your Soul Contract/Blueprint. Many will ascend in this lifetime as a result of the energy shifts and the changes in the requirements from individual to mass/group Ascension.

In this highly experiential workshop you will learn:

- The meaning and purpose of Ascension.
- What our DNA has to do with it.
- Whether you are experiencing spiritual or physical ascension.
- How the Ascension Process is linked to the Earth's Alignment & the Galactic Shift of 12/21/12.
- The symptoms of Ascension.
- Things you can do to ease the Ascension Process.
- The necessary requirements to become an Ascended Master in this lifetime.
- Participate in guided meditations to release karma, retrieve soul fragments and to reach the level of Ascension.

*Presenter: Barbara M. Hardie: Founder & Director of Angel Connections. Author of Creating Heaven on Earth – A Guide to Personal Ascension, Ordained Spiritualist Minister, Certified Spiritual Healer, Medium & Counselor. International Lecturer, Certified Master Hypnotherapist. Member of IACT – International Association of Counselors & Therapists. Member of TNSA – The National Spiritual Alliance. You can contact Barbara at: [www.angelconnections.com](http://www.angelconnections.com), [bhardiema@aol.com](mailto:bhardiema@aol.com) or 413-258-0228.*

Barbara will be available for a book signing after the lecture. Participate in a drawing to win a copy of *Creating Heaven on Earth – A Guide to Personal Ascension* or a 15 minute phone or email – Angel or Soul Purpose Reading from Barbara.

**To Pre-register:** contact Priscilla at Simply Fitness -- 860-632-8434 or via email: [priscilla@simplyfitnessonline.com](mailto:priscilla@simplyfitnessonline.com)